



Guidelines for authors

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Articles and headings

ANAMH Journal publishes opinion pieces, reviews and research articles related to neuroscience and mental health care. We distinguish between Expert articles and Scientific articles.

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- Original research, with or without expected outcome
- Case reports
- "Articles from the old days"
- "Rejected Articles"
- Bachelor and Master theses of high scientific quality

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Submit your script

- Your article must be submitted digitally in Word (format A4), with a left margin of 5 cm and one and a half line spacing (including the bibliography and case histories).
- Use the American Psychological Association (APA) spelling principles:
<https://apastyle.apa.org/style-grammar-guidelines/spelling-hyphenation/spelling>
- Send all your copy by e-mail to the editor-in-chief of ANAMH: submissions@anamh.org (Dr. J.B. Deijen). For questions about your contribution, you can contact Dr. Deijen via the e-mail address mentioned.
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References

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Please ensure that all references cited in the text are also present in the reference list (and vice versa). Any references cited in the abstract must be given in full. Unpublished results and personal communications are not recommended in the reference list, but may be mentioned in the text. If these references are included in the reference list they should follow the standard reference style of the journal and should include a substitution of the publication date with either 'Unpublished results' or 'Personal communication'. Citation of a reference as 'in press' implies that the item has been accepted for publication and a copy of the title page of the relevant article must be submitted.

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appear in your published article.

Reference management software

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There are no strict requirements on reference formatting at submission. References can be in any style or format as long as the style is consistent. Where applicable, author(s) name(s), journal title/book title, chapter title/article title, year of publication, volume number/book chapter and the article number or pagination must be present. Use of DOI is highly encouraged. The reference style used by the journal will be applied to the accepted article by ANAMH at the proof stage. Note that missing data will be highlighted at proof stage for the author to correct. If you do wish to format the references yourself they should be arranged according to the following examples:

Reference style

Text: All citations in the text should refer to:

1. Single author: the author's name (without initials, unless there is ambiguity) and the year of publication;
 2. Two authors: both authors' names and the year of publication;
 3. Three or more authors: first author's name followed by 'et al.' and the year of publication.
- Citations may be made directly (or parenthetically). Groups of references can be listed either first alphabetically, then chronologically, or vice versa.

Examples: 'as demonstrated (Promes, 2000a, 2000b, 1999; Promes and Scherder, 1999).... Or, as demonstrated (Verhagen, 1999; Promes, 2000)... Glerum et al. (2010) have recently shown ...'

List: References should be arranged first alphabetically and then further sorted chronologically if necessary. More than one reference from the same author(s) in the same year must be identified by the letters 'a', 'b', 'c', etc., placed after the year of publication.

Examples:

Reference to a journal publication:

van Eijk, L., Groot, E.R., van Spronsen, M., Maas, Y.J., Keeser, D., Pogarell, O., & Engelbregt, H.J. (2015). Testing Van Gool's hypothesis: A method to predict side effects of cholinesterase inhibitors in patients with cellular degenerative and vascular dementia. *Advances in Geriatrics*, 2015. <https://doi.org/10.1155/2015/270657>.

Reference to a journal publication with an article ID:

Antunes, E. M. (2009). Metal-Based Drugs. 2008; article ID 498916, 9 pages [DOI: 10.1155/2008/498916].(b) Antunes EM and Nyokong T. J. Porphyrins Phthalocyanines, 13, 153-160.

Reference to a book:

Engelbregt, H. J., V. H. L. Promes, and N. Radocz. "Handleiding testinstrument Digoloog." Alkmaar: Digoloog, Hogeschool van Amsterdam (2004).



Reference to a chapter in an edited book:

Schicho, W., & Pogarell, O. (2014). Physiological aberrations in panic disorder. In *Electrophysiology and psychophysiology in psychiatry and psychopharmacology* (pp. 185-195). Springer, Cham.

Reference to a website:

Cancer Research UK, Cancer statistics reports for the UK.
<http://www.cancerresearchuk.org/aboutcancer/statistics/cancerstatsreport/>, 2003 (accessed 13 March 2003).

Reference to a dataset:

[dataset] Oguro M, Imahiro S, Saito S, Nakashizuka T. Mortality data for Japanese oak wilt disease and surrounding forest compositions, Mendeley Data, v1; 2015.

<https://doi.org/10.17632/xwj98nb39r.1>.

Note shortened form for last page number. e.g., 51-9, and that for more than 6 authors the first 6 should be listed followed by "et al." For further details you are referred to "Uniform Requirements for Manuscripts submitted to Biomedical Journals" (*J Am Med Assoc* 1997;277:927-34) (see also Samples of Formatted References).

Journal abbreviations source

Journal names should be abbreviated according to the List of Title Word Abbreviations.

Text prompts

Some useful text options are retained, such as italics, underline, bold, indentation, and notes. These functions can therefore be used. The editor reserves the right to make minor linguistic changes without consultation, taking care not to affect the meaning of the text.

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- Type the text endlessly (ie without returns), except for a new paragraph;
- Use only one font, type any special text blocks (case studies, etc.) in italics in their entirety;
- New paragraphs start with a tab;
- Use the following hierarchy:
 1. chapter title followed by two blank lines
 2. author names: normal
 3. paragraph heading: bold between blank lines
 4. subsection heading: italics between blank lines
 5. sub-paragraph heading: italics, no blank line below
 6. any quotes between "...".

Tables, figures and illustrations

- Please number these. Please refer to this number in the text and not to "above" or "page X".
- Format the tables using the table tool, or create the columns using tabs, but not spaces.
- Please include tables with a simple layout in the text itself, but not figures. Figures must be supplied as separate files. Charts in Excel, and photos as jpg or tif file. Preferably do not download photos from the internet unless they have a high resolution. The editor can optionally scan photos from a book.



Style and formatting

- The starting point for spelling is the preferred spelling as indicated in the APA Publication Manual (2010). Conciseness and clear structure are appreciated; avoid unnecessary jargon, repetition, woolly language and sentences that are too long. Do not use footnotes, but provide explanations in the running text if necessary.
- Acronyms must be written out in full the first time, after which they are shown between brackets. Only then may the acronym be used. For example: the Wechsler Adult Intelligence Scale (WAIS).
- Numbers up to and including twenty are always written in words, above only numbers like thirty, fifty, one hundred, nineteen hundred, five thousand, million. Percentages are written in numbers, unless no precise number is intended ("fifty percent correct"). No space is used between numbers and the percent sign (12%). Decimals are indicated with a comma (12.7).

Casuistry

It is the responsibility of the author, when using case histories, to omit or change any information that could make a client or client system recognizable. Any complaints from (ex-)clients in this regard are exclusively the responsibility of the author.

Report of receipt

The author will be notified of receipt by e-mail. You will receive editorial comment within a maximum of three weeks after submission meeting.

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